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## **Orange City Mayor Challenges Community to Get in Shape!**

**ORANGE CITY, Fla.** — Orange City Mayor Gary Blair is challenging everyone who lives or works in Orange City to get in shape this year!

The City of Orange City will kick off the Eighth Annual Mayors Fitness Challenge with the registration event on Monday, January 24, 2022, from 5:00 pm to 6:30 p.m. at Wava's Hall—located at 200 North Holly Avenue, Orange City, FL. Anyone who is 18 years of age or older and lives or works in Orange City is eligible to participate.

This eight-week journey is designed to motivate participants to improve their overall wellness. Baseline measurements will be taken on participants, courtesy of AdventHealth Fish Memorial.

Participants pay \$25 to join the challenge. For the eight week duration of the challenge, they receive a shirt, and many activities including weekly walks led by the Mayor, Zumba, yoga, line dancing, nature walks and even joint activities with the City of DeLand.

Cash prizes will be given to the top three men and women who lose the greatest percentage of body weight: first place: \$400, second place: \$250 and third place: \$100. Participation awards are also given out.

“This is our eighth year of holding the Mayor’s Fitness Challenge,” Mayor Gary Blair says. “This challenge is about improving community wellness, not just winning a cash prize, but that might be exactly what someone needs to make a decision to improve their health.”

This challenge would not be possible without the sponsors, AdventHealth, World Risk Management and Hylant Group.

For more information, call Danielle FitzPatrick at 386-775-5410, go online, [www.orangecityfl.gov](http://www.orangecityfl.gov), or visit City Hall, 205 E Graves Ave.

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*The Heart of Southwest Volusia*